



Love Bites & Love Bites Junior
Respectful Relationship Education
Facilitator Training

NAPCAN's highly regarded Love Bites programs have been running in schools and community groups on the Central Coast since 2009. The interactive and engaging sessions focus on the development of respectful relationships for young people aged 11 to 17. The programs aim to provide a safe environment in which young people can discuss and learn about their rights and responsibilities in relationships and look at ways to access support when needed. During the sessions, young people are introduced to a number of services in the community and encouraged to support their friends by utilising safe, healthy and proactive strategies.

Course outcomes:

Participants will gain knowledge and skills to facilitate the implementation of Love Bites and Love Bites Junior. The training provides background information about best practice standards in respectful relationship education, as well as providing information about the theoretical frameworks that inform the programs. Additionally, participants will experience the program by participating in the activities that are delivered to young people who participate in the program.

Duration: 2 day training workshop (9am – 4pm both days).

Who should attend: Those experienced working with young people and families and are comfortable working in the areas of sexual assault and relationship violence.

Includes:

- Love Bites & Love Bites Junior Manual and resources required to facilitate the programs.
- Certificate of Completion.
- Ongoing support from Love Bites Central Coast Coordination Team.

Catering: Tea & Coffee, light lunch is provided.

Cost - AUD \$55.00

For further information please contact the Love Bites Central Coast Coordination Team:

Vanessa O'Brien

Phone: 0466 271 021

Email: lovebites@coastshelter.org.au